

Enduring Traditions



Make a list of your family's traditions and routines that have lasted through all of the changes:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Your family has been through a lot. Sometimes it is important to acknowledge or mark these events and changes.

Plan a family activity to help deal with this.

We will deal with

by carrying out the following family activity:

Who will take part:

<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>
<hr/>	<hr/>

When will we do it:

What will we do:

Who will do what to get ready?

Who?

What?



Closure Questionnaire

We came to this group because _____.

The best thing about the group was _____.

The worst thing about the group was _____.

Our favorite activity was _____.

Something we learned from the staff is _____.

Something we learned from the other families is _____.

The thing that is most helpful is _____.

The thing that did not help is _____.

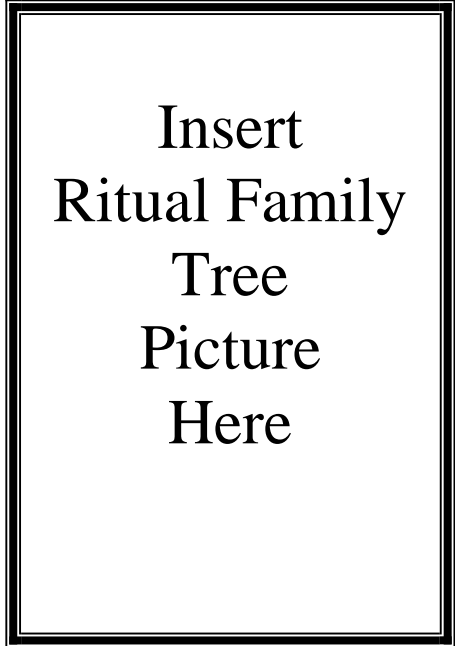
If we could change the group we would _____.

Something my family does differently now is _____.

The thing we will always remember about this group is _____.

Anything else you would like to tell us about the group?

Care of Our Ritual Family Tree



Insert
Ritual Family
Tree
Picture
Here

FAMILY NAME HERE

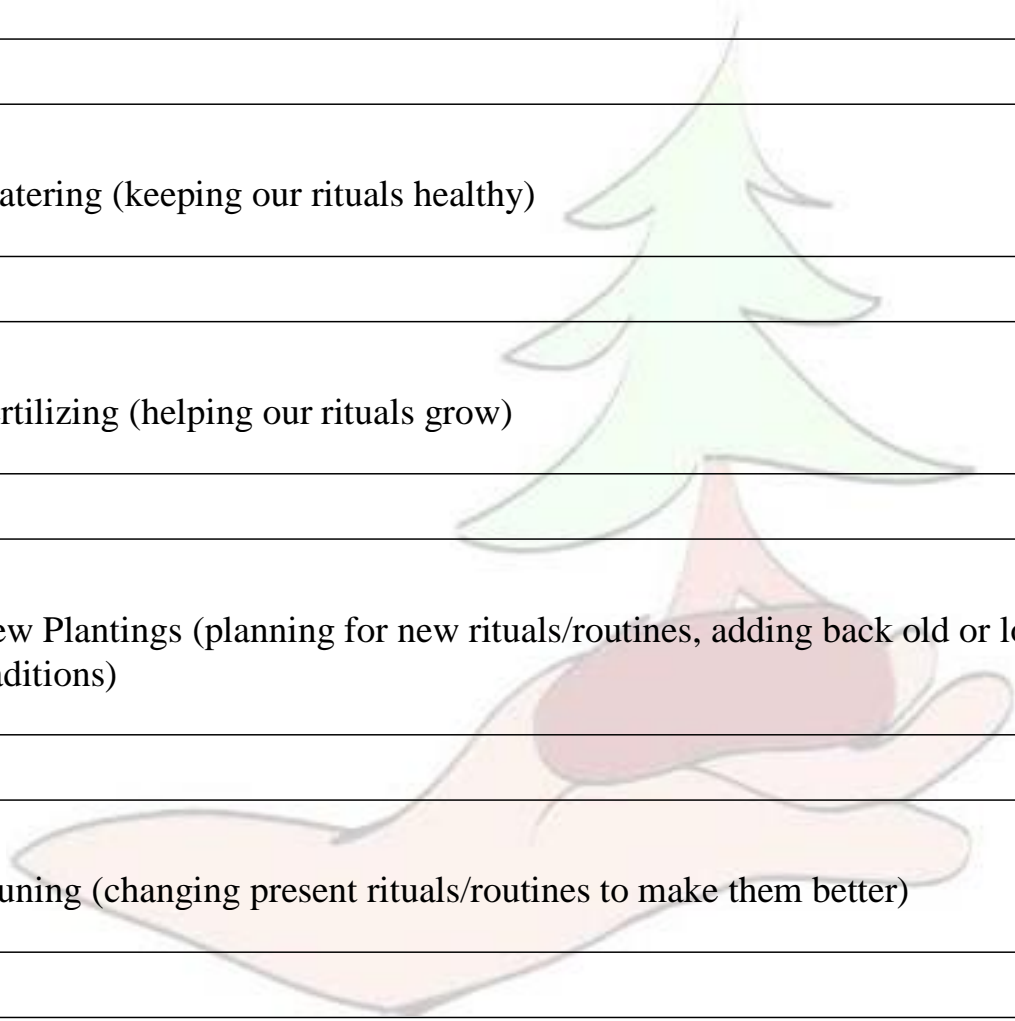
Observing (paying attention to our rituals)

Watering (keeping our rituals healthy)

Fertilizing (helping our rituals grow)

New Plantings (planning for new rituals/routines, adding back old or lost traditions)

Pruning (changing present rituals/routines to make them better)



Certificate of Completion



This certificate is awarded to:

In recognition of their participation in and contributions to
Strengthening Family Coping Resources

On the Date of _____

Signature

Signature

Signature

Signature

Signature

Signature

