

Strengthening Family Coping Resources
Clinician Competence Measure

Name: _____ Organization: _____

Session Number: _____

How much did you, as part of the facilitator team, demonstrate the following attributes/attitudes/competencies during the session? Please use the following scale:

1 **2** **3** **4** **5**
Rarely *Seldom* *Sometimes* *Often* *Most of the time*

1. I demonstrated a positive attitude.	1	2	3	4	5
2. I encouraged family members to interact together.	1	2	3	4	5
3. I encouraged the families to interact with each other.	1	2	3	4	5
4. I carried out activities in an organized fashion.	1	2	3	4	5
5. I demonstrated sensitivity to trauma-related issues.	1	2	3	4	5
6. I helped participants regulate expressions of distress.	1	2	3	4	5
7. I aided participants in resolving conflicts.	1	2	3	4	5
8. I helped participants make smooth transitions between activities.	1	2	3	4	5
9. I offered frequent encouragement and praise.	1	2	3	4	5
10. I empowered parents to maintain control of their children.	1	2	3	4	5
11. I offered suggestions for managing difficult situations.	1	2	3	4	5
12. I maintained a high degree of structure.	1	2	3	4	5
13. I facilitated the group's practice of rituals.	1	2	3	4	5
14. I assisted participants' in reaching closure and leaving the session.	1	2	3	4	5

Strengthening Family Coping Resources
Clinician Adherence Measure

Name: _____ Organization: _____

Session Number: _____

Did your team complete the following activities during the session? Please indicate Yes or No:

	Yes	No	N/A
1. Introduced and explained the session's activities and schedule.			
2. Checked on the status of each family.			
3. Checked on homework due.			
4. Used handouts and discussion guides as indicated in manual.			
5. Covered the session's content as indicated in manual.			
6. Psychoeducation to teach ritual, routine, general trauma, safety.			
7. Skill-building around structure and predictability.			
8. Skill-building to increase safety.			
9. Taught or reinforced stress-reduction techniques (e.g., deep breathing, PMR).			
10. Taught problem-solving and decision-making strategies.			
11. Skill-building around family narratives.			
12. Skill-building around deliberate planning and follow through.			
13. Skill-building around strategies that improve limit setting and and/or help create a positive family environment.			
14. Encouraged positive family interaction and fun.			
15. Assigned and explained homework due for next session.			
16. Ended the group on time.			